

POSSIBLE PREDICTIONS

Knowing what you want in life and striving to get there will keep you motivated, and the more you work towards your goals the more likely you are to reach them. People who don't have goals or who can't picture themselves doing anything positive with their lives often end up right where they expected and they may feel unhappy and unfulfilled. Getting people to think about their future is an important step towards creating a good one.

Objective

To learn more about how others in the group view us. To get feedback from others on the potential that we possess and to think about how our lives can change for the better.

Who

People who need to set goals for themselves and set standards to work towards in their own lives.

Group Size

2 or more

Materials

- ☞ Paper
- ☞ Pens or pencils

Description

Ask each person in the group to write his/her name on the bottom of a piece of paper and to write the three following categories: five years, ten years, twenty years, above his/her name with lines going up to the top of the page between each category. Ask everyone to put their papers into a pile in the middle of the group so that everyone can reach them.